

Morning Prayer

You may wish to light a candle and have some reflective music playing in the background.

The Lord is good, a strong refuge when trouble comes. God is close to those who trust in him. *Nahum 1.7*

Opening Sentences

O Lord, open our lips **and our mouth shall proclaim your praise.**

The night has passed, and the day lies open before us; let us pray with one heart and mind.

Pause for reflection as you offer the day to God.

As we rejoice in the gift of this new day, so may the light of your presence, O God, set our hearts on fire with love for you; now and for ever. **Amen.**

Bible Readings for the week 22-28 February 2021

Monday	Psalm 11 John 5:1-18	Tuesday	Psalm 44 John 5:19-29
Wednesday	Ember Day Psalm 6 John 5:30-end	Thursday	Psalm 42 John 6:1-15
Friday	Psalm 22 John 6:16-27	Saturday	Psalm 63 John 6:27-40
Sunday	2nd Sunday of lent Psalm 105:1-6, 37-end Galatians 3:1-9, 23-end		

Prayers

Almighty and everlasting God, we thank you that you have brought us safely to the beginning of this day. Keep us from falling into sin or running into danger; order us in all our doings and guide us to do always what is righteous in your sight; through Jesus Christ our Lord. **Amen.**

Keep us, good Lord, under the shadow of your mercy in this time of uncertainty and distress. Sustain and support the anxious and fearful, and lift up all who are brought low; that we may rejoice in your comfort knowing that nothing can separate us from your love in Christ Jesus our Lord. **Amen.**

The Collect for the 1st Sunday of lent

Almighty God,
whose Son Jesus Christ fasted forty days in the wilderness,
and was tempted as we are, yet without sin;
give us grace to discipline ourselves in obedience to your Spirit;
and, as you know our weakness, so may we know your power to save;
through Jesus Christ your Son our Lord in the unity of the Holy Spirit,
one God, now and for ever. Amen

The Lord's Prayer

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done; on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation; but deliver us from evil. For thine is the kingdom, the power and the glory, for ever and ever. **Amen.**

The Conclusion

The Lord bless us, and preserve us from all evil,
and keep us in eternal life. **Amen.**

Let us bless the Lord.

Thanks be to God.